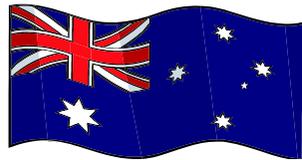




## ROTARY GRACE

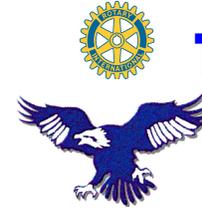
Oh Lord and giver of all good  
We thank you for our daily food  
May Rotary friends and Rotary ways  
Help us to serve all our days  
I will give: "Service above self".



## ADVANCE AUSTRALIA FAIR

Australiagal ya'hga yabun  
Eora budgeri  
Yarragal Bamal Yarrabuni  
Ngurra garrigarrang  
Nura mari guwing bayabuba  
Diara-murrahmah-coing  
Guwugu yago ngabay burrabagur  
Yirribana Australiagal  
Garraburra ngayiri yabun  
Yirribana Australiagal

Australians all let us rejoice,  
For we are one and free;  
We've golden soil and wealth for toil;  
Our home is girt by sea;  
Our land abounds in nature's gifts  
Of beauty rich and rare;  
Our land abounds in nature's gifts  
Of beauty rich and rare;  
In history's page, let every stage  
Advance Australia Fair.  
In joyful strains then let us sing,  
Advance Australia Fair.



# The Brookie Bulletin

**BrookyLite**

**Postal Address:  
P O Box 6125, Narraweena NSW 2099**

**The Official Magazine of the Rotary Club of Brookvale Inc.  
Pres. Wayne Ryan  
Welcomes you to our face to face meeting  
Our guest speaker Benjamin Said  
Wednesday 27<sup>th</sup> October, 2021**

Dist. 9685  
2021-2022

**District Governor Lindsay May OAM  
Club President Wayne Ryan**

## ROTARY INTERNATIONAL THEME



**SERVE TO CHANGE LIVES**

**2021-2022**



# Rotary Club of Brookvale



## Office Bearers

2021-2022



**President** Wayne Ryan

**Secretary:**

PP John Emmett

**Treasurer:**

Rtn Sean Campbell

**Pres. Elect**

## Service Directors

**Community Club Service -**

PP Graeme Love

**International Membership**

Pres. Wayne Ryan

**Project Direct**

PP Dick Heintz

**Vocational:**

Rtn Robert van Geest

**Youth:**

PP Ron Allars

**Foundation**

Rtn. Sean Campbell

**Sergeant-Bulletin**

PDG Bruce Downie

**Webb**

Rtn. Fred McKenzie

PP John Emmett

PP Ron Allars



## Mission Statement

The mission of Rotary International is to support its member Clubs in fulfilling the Object of Rotary by:

- Fostering unity among member clubs;
- Strengthening and expanding Rotary around the world;
- Communicating worldwide the work of Rotary; and
- Providing a system of international administration

# Rotary Club of Brookvale



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## Brookvale Regular + On Line meeting

**27<sup>th</sup> October, 2021**

Join Meeting on Zoom

<https://us02web.zoom.us/j/88616444374?pwd=MVpuSm9UR3gv>

[NFdONERKclVjclhyUT09](#)

Meeting ID: 886 1644 4374

Passcode: 097654

6.30 pm - Welcome - Pres. Wayne Ryan  
Apologies:

Birthdays in

October: 11<sup>th</sup> John Emmett  
18<sup>th</sup> Beth Jackson

Wedding Anniversaries

October: 8<sup>th</sup> Tony & Sue Eldridge-Smith  
18<sup>th</sup> John & Barbara Emmett  
22<sup>nd</sup> James & Maria Kingsman & Fred & Jill McKenzie

Anniversary of Joining Rotary

October: NIL

6.45 pm- Pres. Wayne to introduce our Guest speaker

Guest Speakers – Benjamin Said

Blind athlete and motivational speaker)

(See details in this Bulletin)

8.00 pm Pres. Wayne to close meeting

## UPCOMING MEETING DATES

After our Last Board meeting, proposed by Pres. Wayne, that we hold all our regular meetings at the Leagues Club, also we should hold evening meetings. It was further decided that they should be held on the 2<sup>nd</sup> And 4<sup>th</sup> Wednesday of each month. We would then hold Lunch time away meetings on other days in the month.

Therefor our meeting dates will be:

27<sup>th</sup> October – Regular meeting - Leagues Club  
6.15 pm for 6.30 pm

4<sup>th</sup> November – Lunch time away lunch at “Seachange”  
12.30 pm , the Strand Dee Why Beach

10<sup>th</sup> November- Regular meeting- Leagues Club  
6.15 pm for 6.30 pm

24<sup>th</sup> November – Regular Meeting- Leagues Club  
6.15 pm for 6.30 pm

8<sup>th</sup> December – AGM and Election Officers 2022-23

## Our last meeting even Zoom was a great success

Guest speakers: Stuart Allan, Ashley Latham, Rusty Moran, and Julian Warne.

President Wayne extended a heartfelt thanks to our honourable guests for the evening, Returned Servicemen, Stuart Allen and Ashley Latham, who shared their chilling stories, shocking symptoms and continuing struggles with Post-Traumatic Stress Syndrome (PTSD) and more. It takes a next-level toughness to expose one's frailties to complete strangers.

A recording of these very personal testimonies has been circulated by John Campbell. I urge all of you to listen to these stories, as it is important for every Australian to understand that our Returned Servicemen and women suffer the horrors of war long-after their service is over.

Rusty Moran's testimonial shares his own struggles with PTSD, a tragic legacy of many children of Servicemen and women, and how surfing has helped him and many other sufferers, through his registered charity "Veteran's Surf Project". We watched Rusty's video to promote this worthy charity (a link to this video can be found on the email), again I urge you to view this as Rotary Brookvale has proposed to commit \$1,500 to pay for one Veteran to participate in Rusty's program. (board approval required)

John Lang is working to have war memorial plaques upgraded around the Northern Beaches to honour Veteran's of all wars that Australian's have served in.

Rusty has been so overwhelmed by the positive health outcomes of Veteran's who have participated in his program that he is enrolled in a PhD program at University to specifically investigate how these individuals are gaining such remarkable relief from their symptoms.

## Benjamin Said – our Guest Speaker



## A really impressive Background



### STORY'S BEHIND THE MEDALS

- WINNING THE SCHOOL ABLE - BODIED CROSS COUNTRY
- WINNING GOLD FOR AUSTRALIA – RESLIENCE PERSEPCTIVE
- WINNING 2021 ROAD NATIONAL CHAMPIONSHIPS (HARDEST RACE OF MY LIFE)

**Our Press release 22 October 2021**

## Over \$25.000 in donations to Northern Beaches Charities this year

The Rotary Club of Brookvale, volunteers behind the Beach2Beach run, support charities on the Northern Beaches and Beyond.

The Rotary Club of Brookvale is well known for organising one of the Beaches biggest fundraising events, the Beach2Beach Charity Fun Run. But in times where we cannot participate in mass events, the club finds other ways to support the community, during times where it counts even more.

When the Beach2Beach event is held, the club is able to significantly support the Northern Beaches Surf Clubs and local charities like One Eighty, Stewart House and Gotcha4Life to name a few.

But when times are tough, the club by no means sits still in finding ways to support the community. Recently the Rotary Club of Brookvale supported the Northern Beaches Women's Shelter with a check of \$2.000 (photo attached), the Manly Warringah Women's Refuge with \$10.000, Stewart House with \$5.000 and more commitments are made for both Northern Beaches Women's Shelter and Manly Warringah Women's Refuge. Beyond the Beaches the club has sent support to Indo Aid in Lombok for clean water resources and supported similar programs in the Solomon Islands and Timor Leste.

No doubt that the team at Brookvale Rotary is looking forward to the return of mass participation events with the Beach2Beach fun run now planned for 27<sup>th</sup> March 2022. Directors Phil Jackson and Robert van Geest both agree that the team is looking forward to giving it 100%, and a little more, to make the event the biggest charity fundraiser on the Beaches again.

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Mobile: 0416 044 601



### **WHAT: D9685 Rotary Youth Program of Enrichment Online Summer Camp**

**WHEN:** Will be Held **On-Line** - 4<sup>th</sup> February 2022 (4.00 pm to 6.30 pm) and 5<sup>th</sup> to 6<sup>th</sup> February 2022 (9.30 am to 4.30 m)

**WHY:** A unique opportunity to develop life-skills and motivation that help our teens cope with the challenges of a very competitive future.

**HOW:** We've taken the skills that define the future of work and developed an online experience that will develop problem solving, collaboration, leadership, communication, resilience, and confidence through interactive workshops, team building exercises, reflexivity, fun and friendship all in a supportive and safe environment.

**WHO:** Specifically for incoming Year 10 students. This means they will be in Year 9 at the time of submitting the application (most will therefore be 15 years old in the year of the program). Teens that will benefit most will be those that show traits that deserve development but haven't yet had the opportunity through typical school channels such as school/house captaincy.

### **NEXT STEPS:**

1. Distribute the information kit to your local school contacts (Career Advisors, Year-Level coordinators, Principals) or community leaders (Scout Leaders, Youth Social Workers, PCYC, Air League, etc).
2. Follow up after one week.
3. Submit funds request for student candidates with Club Board.
4. Notify school for confirmation and transfer money to District to secure student candidature.
5. Follow up with student contact for online application submission.
- 6.

**Greg Keighran, RYPEN Chair, RC Beecroft Ph. 0412 276 097**