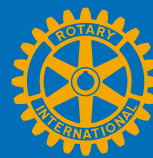


# NEWSLETTER

Rotary  
Club of Dee Why Warringah



## LAST TUESDAY'S SPEAKER

Karo Haltmeier & Michael O'Connell - Kenthurst RC  
PNG Dental Project - 'Sepik Dental Clinic'



L-R: Mike O'Connell, Karo Haltmeier from Kenthurst RC,  
Pres. Ruth Vumbaca DYWRC and Pres. Wayne Ryan Brookvale RC

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November '22 - January '23

Throughout our bulletin, **bright blue** text indicates a website link.

If you get a toothache in rural Papua New Guinea, often the only treatment available is painkillers.

**Karo Haltmeier**, from the **Rotary Club of Kenthurst**, is looking to change this by setting up the first rural dental clinic.

The location is Korogu Village, Karo's hometown, a remote hamlet on the Sepik River in the northern sector of Papua New Guinea.

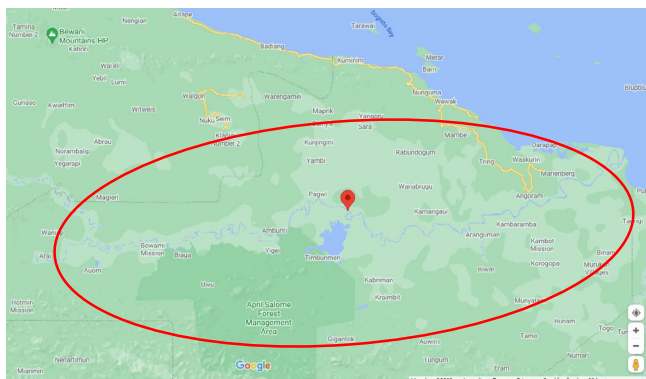


## Project: Sepik Dental Clinic, PNG



Karo Haltmeier

With rugged terrain, limited transport and a lack of infrastructure, medical services are already limited throughout this region and it is easy to understand why.



Getting there is no easy task – a flight to Wewak, many hours of bouncing on windy roads through variable terrain, then a long boat ride along the Sepik River.



Karo told us that for the 200,000 Papua New Guineans living along the River there are no dental services. Once the clinic is built, they will travel there by canoe, the standard method of transport, it is the area's "highway".

The **Kenthurst Rotary Club** has plans in place to build a dental clinic, with a surgery and accommodation, and to provide volunteer dentists which will improve the health prospects of the population.

They are working hard to raise \$50,000 which will assist in the building of the facility and purchase of dental equipment.

### Dental Clinic & Dentist Accommodation Floor Plan



Dentist Accommodation		Dental Clinic	
LDK	Living/Dining/Kitchen	DC	Dental Clinic
BTH	Bathroom/ with Shower	WA	Waiting Area (Balcony)
BD	Single Bedroom	ST	Storage Room
B	Balcony	S	Stairs

Mike O'Connell







*Dental Clinic site*

A site, adjacent to the school, has been chosen and it is on high ground which is dry year round. The Sepik frequently floods so the location is paramount.

The villagers are so excited about this project they have already sourced timber, transported it to the mill and returned to site so construction can begin as soon as possible.



*Timber sourced for the clinic*

Volunteer dentists from Australia and from other parts of the world will be organised through NGO Project Sepik which is the projects local contact and partner. The local community will accommodate volunteers and feed them during their stay.

This will be the first dental clinic in PNG to serve the rural population and will serve as an example to local provincial governments of how dental treatment can be achieved for minimal funds.



*Timber transportation*

Accompanying Karo to our Club was her husband Patrick and dental supplier Mike O'Connell who has visited Korogu and plans to return to set up the clinic.

The equipment that will be sent includes fold out dental chair, portable "dental clinic in a suitcase". Two of these 24kg units will be sent, as well as consumables.

They hope it will set an example for PNG health authorities to adopt an operating model for other areas. There is a long-term goal of staffing the clinics with locally trained dentists.



*Dental Clinic in a suitcase, 24 kg*



*Simply click on the flyer below*



## SEPIK RIVER DENTAL CLINIC PROJECT KENTHURST ROTARY CLUB NEEDS YOUR DONATION

200,000 Papua New Guineans living along the Sepik River in the north of PNG have no access to dental services.

Kenthurst Rotary Club can make a difference by raising funds to build a dental clinic in Korogu Village on the Sepik River and provide volunteer dentists which will improve the health prospects of the population.

Up to 30 patients will be seen daily, mainly for extractions and fillings.

Funds raised will assist in the building of the facility and purchase of dental equipment:

Building Materials & Transport \$ 20,000

Dental Equipment \$ 25,000

Dental Consumables \$ 5,000

Construction Timber Provided by local community

Construction Manpower volunteers

Project Location Map



Korogu Village



Click here to donate and get your instant tax receipt

Tax deductible donations with tax receipt can be made online at <https://directory.rawcs.com.au/49-2021-22>

My gift of \$  is enclosed.

Tick Payment Type: ☐ Cash ☐ Credit Card ☐ Direct Deposit

If you don't have a computer please use this donation slip and post to Kenthurst Rotary address below

### DIRECT DEPOSIT

Account Name: Rotary Club of Kenthurst  
BSB Number: 062313  
Account No: 10350469

For Direct Deposit donations please insert your Surname & Dental Clinic

### CREDIT CARD

☐ Visa ☐ Mastercard

Card Number:  /  /  /  Signature:

Expiry Date:  /  CCV:

Name on Card:

Name:

I wish to claim this as a tax deduction: ☐ Yes ☐ No

Address:

Email:

### FOR QUESTIONS PLEASE CONTACT

Kathy: 0448 156 855 E: [kathy.bray13@yahoo.com](mailto:kathy.bray13@yahoo.com); Karo: 0468 329 764 E: [haltmeier@hotmail.com](mailto:haltmeier@hotmail.com)  
Postal Address: Kenthurst Rotary Club, PO Box 13, Kenthurst 2156 NSW





## SUN RUN REGISTRATIONS ARE NOW OPEN!



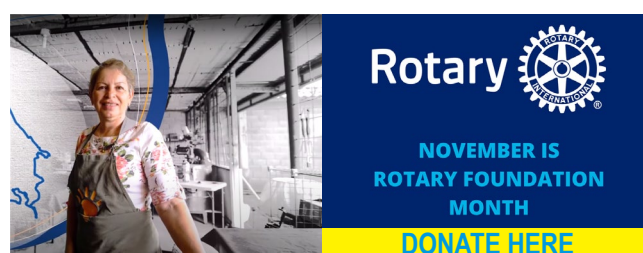
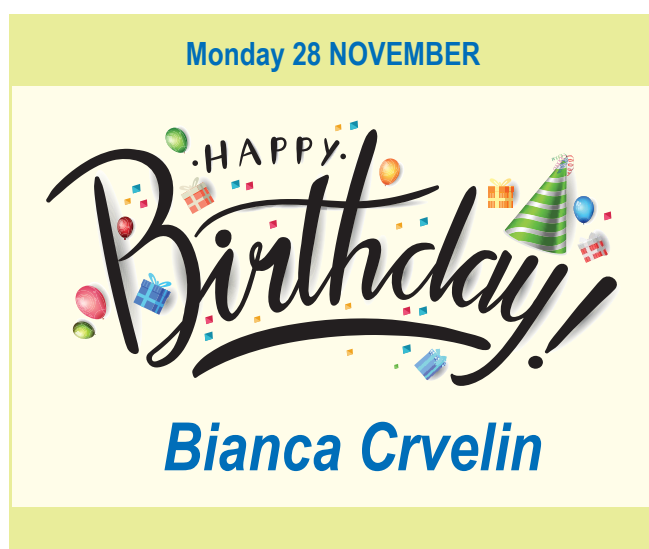
[Sun Run registrations are now open, click here.](#)

Secure your spot at the start line and you could be running alongside our new ambassador and local fitness guru, Shannan Ponton.

The celebrity personal trainer and former coach on TV show, The Biggest Loser, has competed in the Sun Run at least six times (he's lost count!) and has signed up to run again in 2023 as our event ambassador.

*"The Sun Run is one of the highlights on my annual sporting calendar", Shannan said.*

*"I've raced in hundreds of events nationally and internationally but there is nothing more impressive than running along Sydney's Northern Beaches".*



The Rotary Foundation transforms your gifts into projects that change lives both close to home and around the world.

As the charitable arm of **Rotary International**, we tap into a global network of Rotarians who invest their time, money, and expertise into our priorities, such as eradicating polio and promoting peace. Foundation grants empower Rotarians to approach challenges such as poverty, illiteracy, and malnutrition with sustainable solutions that leave a lasting impact.



## ONE MEAL - IT MAKES A DIFFERENCE NORTHERN BEACHES CO-OP

Free Food Relief for People in Need. For Our Community. By Our Community.



# #YOU CAN MAKE A DIFFERENCE

DONATE PANTRY STAPLES HERE

- PASTA & RICE
- PASTA SAUCE
- BAKED BEANS
- TEA & COFFEE
- SPAGHETTI
- MUESLI BARS
- LONG LIFE MILK
- TUNA
- SOUP
- CEREAL
- SUGAR
- FLOUR
- SPREADS
- CRACKERS
- BABY FOOD
- KIDS SNACKS
- TINNED FRUIT
- TINNED VEGGIES

SCAN  
to  
DONATE  
MONEY



Cromer Community Centre, Cromer



[northernbeaches@onemeal.org.au](mailto:northernbeaches@onemeal.org.au)



[www.onemeal.org.au](http://www.onemeal.org.au)



@communitycoopnorthernbeaches

one-meal-northern-beaches

@one\_meal\_northern\_beaches







## TREE OF JOY

Our **Tree of Joy** starts this **Monday, 21st November** in **Dee Why Grand**.

Rotarians will be at the tree, on the ground level (opposite Priceline) between 10am and 3pm Mondays to Saturdays for four weeks.

It is the third year we have invited the community to buy gifts for those in need and as we know that is a long list this year!

Please **do not wrap** your gift – the charities we pass them to have to wrap them. **If you can provide a gift bag**, that would be appreciated.

Early donations are appreciated so we can get gifts to those in need.

Please spread the word to all you know. They can drop to us or to other Rotary Trees of Joy at Warriewood Square, Glenrose, Forest Way & Stockland Balgowlah.

MERRY  
Christmas

Rotary  
Club of Dee Why Warringah





*Simply click on the invitation below to buy your tickets.*



2022  
NORTHERN BEACHES  
• DOMESTIC VIOLENCE NETWORK

*Inaugural Gala Dinner*  
FUNDRAISER

7:15pm – 10:15pm  
Saturday 26 November

MANLY LEAGUES CLUB  
563 Pittwater Rd, Brookvale

**GUEST SPEAKER:**  
The Hon. Natasha MacLaren-Jones MLC  
Minister for Families & Communities  
Minister for Disability Services

AWARDS • LIVE MUSIC  
RAFFLE & AUCTION ITEMS

Join 'PROJECT 76'  
at the Northern Beaches  
Domestic Violence Gala Dinner  
and Entertainment night.

'PROJECT 76' will take you on a  
journey of 60s 70s 80s & 90s music!  
A set will feature world renown  
Broadway star Sheridan Mouawad,  
followed by an epic rock n roll afterparty!

\$100 per person  
RSVP: Monday 21.11.22  
Online Bookings - <https://events.humanitix.com>

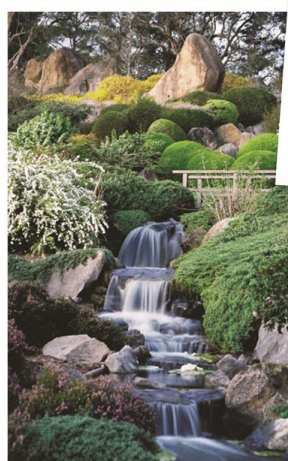


Northern Beaches  
Domestic Violence  
NETWORK

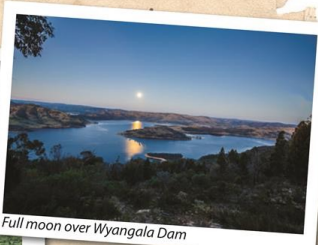




## COWRA BREAKOUT



Japanese Garden



Full moon over Wyangala Dam



The region is renowned for its boutique wineries

Photo: Destination NSW



Australian World Peace Bell



Vast fields of canola

District 9685 Annual Conference  
17-19 March 2023



DISTRICT 9685 ANNUAL  
CONFERENCE 2023

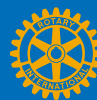
Click [HERE](#) to go to the  
Conference website.

**Relax.  
Refresh.  
Refocus.**



Stay Safe,  
Ruth Vumbaca, President  
2022-2023  
Email: [rtds3de@gmail.com](mailto:rtds3de@gmail.com)





\* Lunch meeting see below

## NOVEMBER 2022

Date	Guest Speaker/Event	Location	Time	Activity
Tuesday 1	Social Night Dinner	The Collaroy Club	6:30pm for 7pm	Dinner
Tuesday 8	Daniel Dummer National Leadership Forum	Manly Leagues Club	6pm 7pm	Dinner Meeting Board Meeting
Tuesday 15	Karo Haltmeier-Kenthurst RC Dental project PNG	Manly Leagues Club	6pm 7pm	Dinner Meeting
Tuesday 22	Wayne Ryan	Manly Leagues Club	6pm 7pm	Dinner Meeting
Tuesday 29	Club Assembly	Manly Leagues Club	6pm 7pm	Dinner Meeting

\* Lunch meeting see below

## DECEMBER 2022

Tuesday 6	District Gov. Mina Howard VISIT	Manly Leagues Club	6pm 7pm	Dinner Meeting
Tuesday 13	Joint AGM meeting Deciding 2023-24 merger	Manly Leagues Club	6pm 7pm	Dinner Meeting
Thursday 15	<b>CHRISTMAS LUNCH</b>	Long Reef Golf Club	11am	<b>Have Fun!</b> RSVP Paul Cope 0419 812 201
Tuesday 20	Christmas Breakup Party 4 Tumburra St, Ingleside	–	6pm	BBQ
Tuesday 27	No Meeting	–		–

## JANUARY 2023

Tuesday 3	No Meeting	–		–
Tuesday 10	No Meeting	–		–
Tuesday 17	TBA			First meeting for 2023
Tuesday 24	Mike Pawley - Cambodia	Manly Leagues Club		Dinner Meeting
Tuesday 31	TBA			

All are welcomed to a casual monthly Brookvale Rotary Lunch Meeting, **first Thursday** of every month **12pm start**.  
\*1 December, War Veterans, Collaroy Plateau. This allows members and guests of our Rotary clubs, unable to attend our evening meetings, to socialise.

